



Reducing Food Waste @ School



For Secondary/22-23 - V1

My School Café: Good Food, Less Waste!

FOOD & NUTRITION SERVICES PRIORITIES:

- 1) Feed Students, 2) Feed *the* Budget, 3) Feed Others, 4) Feed *the* Soil

2022-23 GOALS

Your school can help us reduce food waste and send less to landfills!

Please support our 2022-23 goals:

- 1) Reduce student milk waste
- 2) Reduce student salad bar waste
- 3) Implement Share Tables at lunch
- 4) Eliminate utensil packets, straws, and condiment packages, to reduce campus litter and plastic waste
- 5) Support Café to Compost efforts, as requested
- 6) Recycle paper food boats, trays, and other items at lunch



ACTION STEPS

- 1) Please help spread the word that **milk is NOT required** at lunch as long as students choose a main entrée AND 1/2 cup of fruit or vegetables.
- 2) Encourage students to take only what they will eat from the salad bar (minimum 1/2 cup), or other offerings. Promote **“Choose what you want, Eat what you choose...”**
- 3) **Share Tables** can be set up for students to place unwanted, unopened, and uncompromised packaged items or whole fruit for other students to take. This [video](#) from a high school in Northern California, explains share tables from a student perspective. If your school is interested, please contact jwhited@sandi.net.
- 4) Support the provision of **individual utensils** and napkins in holders, and condiments in bulk dispensers to reduce litter, waste, and to save \$.
- 5) Leftover fresh fruits & vegetables from the salad bar can be collected for composting in school gardens as part of our **Café to Compost** program. For more information and resources, contact jwhited@sandi.net.
- 6) Check out www.sdu.sustainability.com for school **recycling** info & resources



A joint program of Food & Nutrition Services
& the District's Recycling Office
www.sdu.sustainability.com/love-food-not-waste
www.sandiegounified.org/food-nutrition-services-1



SDUSD
Recycles

Healthy food.
Successful students.
Food & Nutrition Services