



Reducing Food Waste @ School



FALL 2021—School Admin

Your School Café: Good Food, Less Waste!

FALL 2021 School Meals

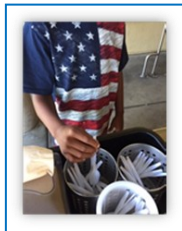
Welcome back! This Fall our Food & Nutrition Services team will continue to serve our students healthy meals, both for on-campus dining, and to take home to eat and share.

You can help reduce food waste at your school! Please support our Fall 2021 goals:

- **Feed students, NOT landfills** — Please encourage students to **bring home** the meals they are provided rather than leaving them behind or throwing them in the trash as they leave school. If needed, provide a “drop-off” spot at campus exits for students to leave unwanted meals. Remind students that wasting food wastes resources, such as water, soil, and money, and contributes to climate change!
- **Student Choice** — Students can choose to take milk **or not** at lunchtime. Milk is NOT required as long as they choose a main entrée AND a fruit or vegetable. Unfortunately, salad bars will not be offered this Fall, but students can choose either the fruit or vegetable offered each day. This way of serving is called **Offer vs. Serve** and it helps to cut down on food waste by not giving every student every meal component. They choose!



- **Spork Packet Reduction** — Each year the District purchases 11.5 million spork packets for elementary schools. These packets create excessive plastic waste and litter at schools, some of which can make its way into storm drains, impacting our beaches and local environment. Offering individual utensils and napkins reduces waste, saves money, and keeps our school grounds clean!



THANK YOU FOR YOUR SUPPORT!

Food Waste Teaching resources: <https://www.worldwildlife.org/teaching-resources/toolkits/be-a-food-waste-warrior>



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Successful students.
Food & Nutrition Services

A joint program of SDUSD's
Food & Nutrition Services
& District Recycling Office
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