



LOVE FOOD NOT WASTE

FOOD RECOVERY AND RESCUE

QUICK REFERENCE GUIDE - **Middle & High Schools**

OFFER VS SERVE

- Utilize OVS for MILK in ALL meals; OVS for DRIED FRUIT & JUICE for Breakfast & Nutrition Break; and OVS for FRUIT & VEGETABLES at lunch (student must take 1/2 cup of a fruit OR vegetable)

FOOD RECOVERY - Returned to production (*see detailed food listing on back*)

- RECOVER items such as cereal, dried cranberries, grain bars, crackers, etc. to site inventory
- RECOVER and refrigerate cold/dairy items (milk, yogurt, cheese, carrots, apple slices) and juice

FOOD RESCUE - Individually Wrapped (IW) - IF AVAILABLE (*see food listing on back*)

Cold & Shelf Stable Items - Specific Items to be determined by Hunger Relief Agency

- Place COLD, individually wrapped items into a clear plastic bag and tie or tape closed
- Label bag with required label (include site, food type, date)
- Refrigerate or freeze bag for designated pickup days by delivery driver
(Place bags in the same place in the refrigerator or freezer so they can be easily located)
- Food from Friday should be FROZEN over the weekend and sent on Monday
- Rescue shelf stable or cold packaged items near/past their date labels if packaging is o.k.

Hot IW Items - Specific items to be rescued will be communicated to staff

- Collect hot IW/package items and spread on a bun pan. Place in refrigeration to cool.
- Bring temperature to 70° within two hours and 41° within the next 4 hours.
- Once proper temperatures are reached place packaged items in a clear plastic bag
- Tie or tape all bags closed
- Label bags and/or boxes with required label (include site, food type, prep date, etc.)
- Refrigerate or freeze bags or boxed items FOR SCHEDULED PICKUP by delivery driver
(Place bags/boxes in the same place in the refrigerator so they can be easily located)
- Bags can be placed in a cardboard box for pick up by delivery driver

GENERAL SAFE HANDLING

- Always examine food for any signs of decay, spoilage, mold, or odors
- Keep packaged items in their original packaging
- Do not rescue canned or dry packaged foods' with tears in packaging, holes, dents, spoilage, etc.
(Canned and packaged foods with packaging intact can be donated past date labels)

For more information, please contact your Area Supervisor or Bob Brody at rbrody@sandi.net.

LOVE FOOD NOT WASTE-FOOD RESCUE PROGRAM
MIDDLE & HIGH SCHOOLS-Breakfast/Nutrition Break/Lunch

Focus on Recovery & Rescue of INDIVIDUALLY WRAPPED (IW) Items

ITEM	Serving Temp.	Recover	Rescue	End Date	Comments
BEVERAGES					
Milk (ALL)	Cold	Yes	Yes	Expire Date	Near/after expiration date can be rescued
Juice (ALL)	Cold	Yes	Yes	Expire Date	Near/after expiration date can be rescued
NUTRITION BREAK & MORNING BREAK CAFÉ					
Apple Slices	Cold	Yes	Yes	Expire Date	IW/Near or after expiration date can be rescued
Cereals (ALL DRY)	Room Temp	Yes	Yes	Expire Date	IW/Near or after expiration date can be rescued
Chicken & Waffle Sand.	Warm	NO	YES	Daily	Individually wrapped. Cool down for rescue.
Cinnamon Roll	Warm	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Farmer's Market Fat Cat Bar	Room Temp	Yes	Yes	Expire Date	IW/Near or after expiration date can be rescued
Fresh Fruit Selection	Cool	Yes	Yes	2-days	Provide bowl for students to "Share" unwanted fruit
Fruit & Yogurt Parfait	Cold	NO	NO	Daily	Discard in trash
Graham Crackers	Room Temp	Yes	Yes	Expire Date	IW/Near or after expiration date can be rescued
Maple Mini Waffles	Warm	NO	YES	Daily	Individually wrapped. Cool down for rescue.
Sunrise Burrito	Warm	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Turkey & Cheese Rollup	Warm	NO	YES	Daily	Individually wrapped. Cool down for rescue.
Vanilla Waffle	Warm	NO	YES	Daily	Individually wrapped. Cool down for rescue.
LUNCH					
<i>ALL Boxed SALADS</i>	Cold	YES	NO	2 days	Or when lettuce BEGINS to brown - Discard
Baja Fish Tacos (Mgr. Special)	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Beef Soft Taco	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Beef Hot Dog	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Buffalo Chicken Pizza	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Buffalo Chicken Wrap	Warm	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Caesar Salad/side chicken	Cold	YES	NO	2 Days	Or when lettuce BEGINS to brown - Discard
Carnitas Burrito (Mgr. Spec)	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Cheeseburgers (ALL)	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Chicken Nuggets	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Chicken Patty Sandwich	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Chicken Ranch Wrap	Cold?	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Chicken Tenders/Waffle	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Chili Cheese Nachos	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Dinner Rolls	Room Temp	YES	NO	2 days	Or until stale or moldy/discard at that point
Flatbread	Room Temp	YES	NO	2 days	Or until stale or moldy/discard at that point
Garden Salad/side Chicken	Cold	YES	NO	2 days	Or when lettuce BEGINS to brown - Discard
Mandarin Chicken/Rice	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Mediterranean Salad	Cold	YES	NO	2 days	Or when lettuce BEGINS to brown
Pepperoni Pizza	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Teriyaki Chicken/Rice	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Turkey & Provolone Sand.	Cold	NO	NO	Daily	Discard in trash (or food scrap cart if available)
Veggie Burger (Mgr. Spec.)	Hot	NO	NO	Daily	Discard in trash (or food scrap cart if available)
SUPPER					
Applesauce (strawberry)	Cold	Yes	Yes	Expire Date	IW/Near or after expiration date can be rescued
Apple Slices	Cold	Yes	Yes	Expire Date	IW/Near or after expiration date can be rescued
Carrots (baby)	Cold	Yes	Yes	Expire Date	IW/Near or after expiration date can be rescued
Cheeseburger Sliders	Warm	NO	YES	Daily	Individually wrapped. Cool down for rescue.
Cheesy Pull Aparts	Warm	NO	YES	Daily	Individually wrapped. Cool down for rescue.
Chicken Corn Dog	Warm	NO	YES	Daily	Individually wrapped. Cool down for rescue.
Dried Cranberries	Room Temp	Yes	Yes	Expire Date	IW/Near or after expiration date can be rescued
Vanilla Waffle	Warm	NO	YES	Daily	Individually wrapped. Cool down for rescue.

*Focus is on Individually Wrapped (IW) items; Specific items for rescue will be communicated to each Kitchen Cluster

Note: Only UNWRAPPED/UNPACKAGED food can be placed in the food scrap cart

SDUSD FOOD RESCUE - PROCESS IMMEDIATELY

Please Attach Label to Bags/Containers

1. Donor Location Name: SDUSD -

Donor Address:

2. Food Description:

3. Donation Date:

4. Allergen Statement: **Warning!** *This container holds rescued food! This food may contain, have come in contact with, or have been produced in a facility which also produces milk, eggs, peanuts, tree nuts (walnuts, almonds, pecans, hazelnuts/filberts, pistachios, cashews, coconuts, pine nuts, macadamia nuts, and/or Brazil nuts), fish, shellfish (crab, crawfish, lobster, shrimp, mussels, and/or oysters), wheat, soybeans, and/or sesame seeds.*

5. Ingredient Website: For detailed allergen information, please see:

<https://www.sandiegounified.org/cms/One.aspx?portalId=27732478&pageId=28486259>

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